INDIA SEPTEMBER 2022

# The Change Leader The Change Leader

### - Promoting Social Innovations and Solutions



### Spreading the wings

Mission Better Tomorrow is in talks with palliative care professionals to launch the Bereavement Companionship Programme in Thailand

Mission Better Tomorrow team led by Dr. Suresh Kumar, Director, WHO Collaborating Centre for Community Participation in Palliative Care and Long Term Care and Saif Mohammed, CEO of Mission Better Tomorrow, attended the International Conference in Palliative Care at Khon Kaen, Thailand on August 18 and 19.

'Grief and Bereavement for Palliative Care Professionals' was one of the main topics at the two-day International Conference, organised by Karunruk Palliative Care Centre, Srinagarind Hospital and Faculty of Medicine, Khon Kaen University.

Discussions were held with members of Peaceful Death, a community-based organisation, about possibilities of running a combined Bereavement Companionship Programme (BCP), a first of its kind in Thailand. This comes after the BCP batch held at Bangladesh last year. The team also visited the upcoming 20-bed Karunruk Hospice in the outskirts of Khon Kaen.

#### Reaching out

Initial discussions are on with officials in Meghalaya for collaborating with government on behavioural, emotional and learning well-being programmes for adolescents. Meghalaya team consisting of personnel from Departments of Home, Education, Social Welfare and, Health attended the meeting held on August 10, along with other stakeholders.

### Kalinga Fellowship

MBT to continue its collaboration with Kalinga Fellowship. Each year, the Fellowship focuses on a specific issue within the broad theme of genderbased violence, to align with United Nation's Sustainable Development Goal (SDG) 5 about gender equality.

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# CEEP gets going at the Capital City

When we look up to successful people who have gone ahead of us, we should not imitate them. Instead, we must learn from their lives and design our own unique ways, said Murugan Kattakada, renowned poet and Director of Malayalam Mission.

He was speaking after inaugurating the first batch of Capability Exploration and Enhancement Program (CEEP) in Thiruvananthapuram at Samagra Shiksha Kerala Hall, Chala on Saturday.

CEEP is a flagship programme of Mission Better Tomorrow.

In his video message to the participants, P. Vijayan IPS, Inspector General of Police, said that CEEP is a programme that makes children to dream big and enables them to realise it.

The first batch of the first CEEP in Thiruvananthapuram consists of 45 students selected from government and governmentaided schools in the city through a screening test.



"We must learn from successful people." - Murugan Kattakkada

Headmistress-in charge of Government High School, Chala Sreelatha S.N. presided over the meeting. Mission Better Tomorrow CEO Saif Mohammad, Samagra Siksha Keala District Programme Officer Sreekumar, Chala School teacher Sandhya, Student Police Cadet Assistant District Nodal Officer Gopakumar and Mission Better Tomorrow Project Coordinator Arunima spoke. Bhramanayakam Mahadevan, international motivational trainer and special educator was the resource person for the inaugural session.

### **NEWSLETTER LAUNCHED**

Murugan Kattakada, renowned poet and Director of Malayalam Mission released the first edition of "The Change Leader" - monthly newsletter of Mission Better Tomorrow at the inauguration of Thiruvananthapuram CEEP batch. He presented a copy of the first edition to Bhrahmanayakam Mahadevan, famous Motivational Trainer and Special Educator.

The Change Leader will be the platform to bring together all the social impact interventions by Mission Better Tomorrow. The main focus will be on youth empowerment and education programmes. In the long run, this will be a hub of all information related to this domain.



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#### Exe.Com. Corner

## FUTURE WILL BE A BETTER TOMORROW

Mission Better Tomorrow aims at instilling the young generation with the right values and right thoughts through guidance and motivation from committed professionals.

MBT is efficiently working towards new initiatives and successfully implementing various programs across other states and overseas.

This month has been quite eventful with workshops being held, launches of existing programmes in new places and for the cherry on top of the cake collaboration with Bangkok and Bangladesh for expansion of projects.

A Youth Development Summit is next in line for MBT's vision becoming a reality. One person can make a difference, but a collective group can create an avalanche of change.

A little progress each day adds up to big results.

- Dr Ayesha Ashraf

### Fine tuning the Talents

Mission Better Tomorrow has initiated training programmes in different parts of the nation with the aim of capacity building

Mission Better Tomorrow has been designing and implementing training workshops among different stakeholders engaged in youth empowerment to create a trained and informed army of professionals.

A two-day residential workshop to develop a comprehensive curriculum aimed at developing teachers as wellness coaches was held at Thiruvananthapuram on August 10 and 11. The said curriculum is part of attempt to transform classrooms as wellness centres bringing about qualitative change in adolescents

The workshop was led by Dr. Anil Kumar T.V., Head of the Department of Psychiatry, Medical College Thiruvananthapuram and mental health trainers from across Kerala, who are associating with programs such as ORC and SPC. Inspector General of Police P. Vijayan IPS made a special address.

As part of the ongoing expansion process of Mission Better Tomorrow in Gujarat, a Trainers' Training Programme for Circle Inspector and Drill Instructors was held on August 29 and 30. This was done in association with the State Government to implement child centric programmes initiated and implemented by Mission Better Tomorrow.

As Knowledge Partner, Mission Better Tomorrow is doing background work to implement the Student Police Cadet programme in Gujarat.

### **SETTING THE TONE FOR CEEP**

Children hold the key to the glorious future - this is the core driving principle of Mission Better Tomorrow. In tune with this, the organisation is going an extra mile to cover all critical aspects while designing its flagship initiative Capability Exploration and Enhancement Programme (CEEP).

The two-day residential curriculum development workshop held in Kochi on August 14 and 15 covered a lot of ground in this direction. P. Vijayan IPS, Inspector General of Police and the architect behind many impactful child-centred initiatives that are being implemented across India, made a special address during the workshop. The workshop was led by Dr. K.E. Harish, a Core Team Member of Mission Better Tomorrow and CEO, Sadbhavana World School. Professional trainers, scholars, teachers and specialists brainstormed for two consecutive days to design the core content for CEEP, which is expected to be rolled out in different parts of the country soon.

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### India's 75th Independence Day celebrated

### Events were organised at different units of MBT-Nanma to mark the day

MBT Nanma Foundation Palakkad celebrated the 75th Independence Day by organising Palakkad Tribute - 2022 for Veteran servicemen. Brigadier Narayana Menon inaugurated the district-level event. Muhammad Kasim, former DySP and MBT Nanma Palakkad District President, and Ravindran, patron of MBT-Nanma and Managing Director of Khalid Silicone, handed the mementos to former soldiers. P. Lukhman, Vice President; Unninarayanan, Treasurer; Adv. Ramesh and Adv. Rajesh, Joint Secretaries; Unni Varadam, Media Incharge and Executive Members Palakkad Ramakrishnan, Subaidar Major Chandran, were present.

MBT Nanma Kozhikode in collaboration with Kerala Hotel and Restaurant Association (KHRA) City South celebrated the 75th Independence Day celebration at the Institute of Palliative Medicine (IPM) by bringing together and spreading awareness among the youth. The two days celebration also had young people doing palliative service at IPM and Freebirds Children's Shelter Home, Kozhikode.





IGP P. Vijayan IPS inaugurating CEEP@Valanchery

## **CEEP** starts at Valanchery

### After Trivandrum, Valanchery gets a new CEEP batch

In its continuing efforts to tap into the potential of the youth, Mission Better Tomorrow launched its first batch of Capability Exploration and Enhancement Programme (CEEP) at Valanchery, Malappuram on August 13.

Inspector General of Police P. Vijayan IPS in augurated the session through teleconferencing. He has been the inspiration for Mission Better Tomorrow right from the beginning.

MBT Nanma Malappuram unit is running this programme with active support and participation from the Compassion Foundation Trust. Nirmal Kumar, a renowned motivational trainer, led the first session for the first batch of 50 students from high schools in Valancherry and neighbouring panchayats.

Dr. N. M. Mujeeb Rahman presided over the inaugural session. K.M. Abdul Gafoor, Salam Valanchery, Haroon Karuwatil, T. Basheer Babu, Western Prabhakaran, Sarath, Munavwar Parammal, P. Zainuddin, Shabaab Waqat, Jishad, and Ali Jafar were among the dignitaries present on the occasion.

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