



Torch-bearers of Tomorrow

84 young SVC leaders (SPC Alumni) participated in a one-day workshop to design youth-led social interventions.

Mission Better Tomorrow along with Student Police Cadets (SPC) organised the Kerala State SVC Leaders Workshop as part of its ongoing project of creating change leaders in our society. SPC Volunteer Corps (SVC) has been part of the group of SPC alumni since 2010. These youthful and dynamic leaders are part of a team of 150,000 youth who underwent a structured, two-year training programme for SPC to become effective change agents. As SPC Cadets, these leaders have participated in numerous projects to build a socially resilient and sustainable society.

Through this workshop, these change agents collaborate to conceptualise widely implementable youth-led social interventions. P. Vijayan IPS, Inspector General, Kerala Police and also the architect of the path-breaking programme SPC, inaugurated the workshop and addressed SVC Leaders. Prasanth Nair IAS, Senior IAS Officer and Special Secretary, Kerala Govt.; Mohammed Saif, CEO, and Renjith Ramachandran, a member of the core team of Mission Better Tomorrow led the workshop.

A historic decision taken

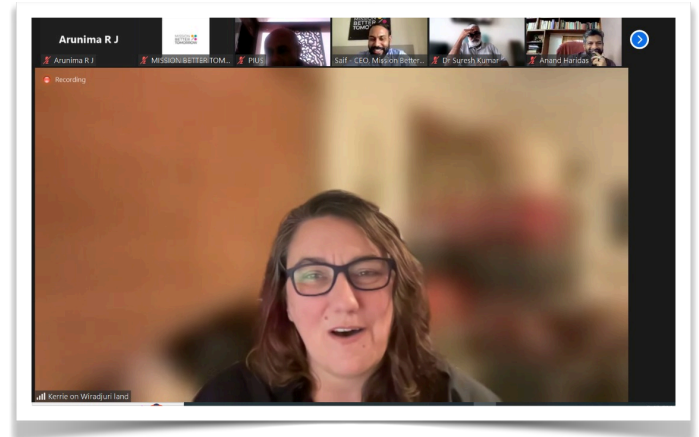
A special consultative workshop to discuss and strengthen dynamics between Mission Better Tomorrow and its regional arms was held on Oct 30, 2022.

This milestone workshop was attended by trustees, district level office bearers, core team members and the secretariat team members driving the organisation forward. The workshop presented and approved the historic decision to integrate the 15 year legacy created by the various arms of MBT under one platform thereby experiment novel social initiatives and scale up the time tested flagship initiatives of Mission Better Tomorrow.

International Batch of BCP held

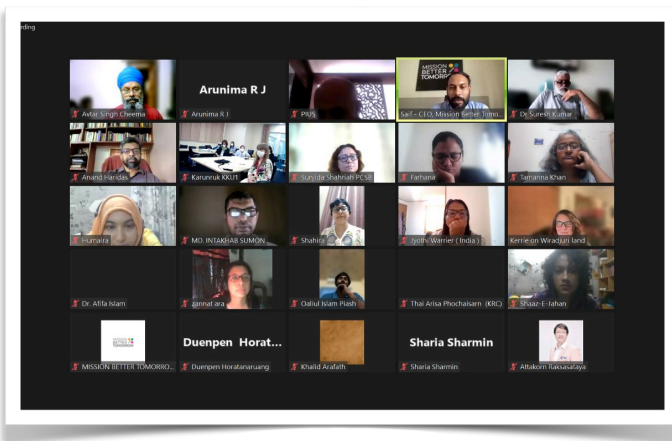
Understanding death as a reality is important, but paramount is supporting those who are grieving as the pain of loss can be overwhelming. This International batch, which was held on October 21, 22, and 23, had 30 participants from Thailand, Bangladesh, and various regions of India.

Bereavement Companionship Programme is a flagship program organised by Mission Better Tomorrow in association with the Institute of Palliative Medicine and the Death Literacy Institute, Australia, as part of the ongoing



campaign to increase awareness about bereavement and bereavement companionship, and aims to raise public knowledge of grief and bereavement and scientifically train participants to be empathetic in dealing with the loss of one's near and dear.

Kerrie Noonan, Director of the Death Literacy Institute in Australia; Saif Mohammed, CEO of Mission Better Tomorrow; and Anand Haridas, Resource group member, BCP, led the sessions on the scientific aspects of grieving. Dr. Suresh Kumar, Director of the WHO Collaborating Centre for Community Participation in Palliative Care and Long-Term Care, distributed the certificates for those who completed the course successfully.



PROMOTING EXCELLENCE IN EDUCATION

Those who are getting this support today should help many others to make this initiative meaningful," said Sri. P. Vijayan IPS, Inspector General of Police in his keynote address at the distribution of the first "Padma Chandran Scholarship for Excellence in Studies (PCSES)". As part of the ongoing commitment to promote talent, Mission Better Tomorrow is joining hands with PCSES, which was created to honour the memory of Padma Chandran, mother of Dr.Gita Gopal, former World Bank official and former Gender advisor, Govt. of Kerala and also a patron of Mission Better Tomorrow. The Scholarship intends to provide financial assistance and one-on one mentoring by professionals to outstanding students from modest backgrounds. Five students from five different districts in Kerala received the scholarship during this academic year. Sri. Ranjith Warriar, a Board Member of Mission Better Tomorrow, distributed the scholarships through an online scholarship ceremony which was presided over by Dr. Indira Rajan, a Board Member of Mission Better Tomorrow. Sri. Ranjith Warriar, a Board Member of Mission Better Tomorrow, distributed the scholarships. Mission Better Tomorrow CEO, Sri Saif Mohammed; MBT Nanma Office bearers, Sri. E Nandakumar and Sri. Mohammed Kassim; Board members, Core Team members, Secretariat Team, Nanma Office bearers, and other guests attended the event.

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THINKING OUT OF THE BOX

Behavioural-Emotional Wellness training enables students to think from a totally different perspective, particularly the students who have deviated from the academic approach.

The session was an eye opener for teachers to understand the behavioural problems faced by the students, which in turn paved the way for better mutual understanding and rapport between the teachers and students in the long run.

This understanding will undeniably create a better society in the future since students are the pillars of the future. The responsibility of creating better citizens solely rests on the shoulders of the teachers, especially those in government schools.

Spearheading A Revolution

Preparatory works for Mission Better Tomorrow Youth Development Summit (YDS) in full swing



A Focus Group Discussion was held for the YDS at the Rajagiri College of Social Science, Kalamassery, Kochi, on October 11. A group of 18 young people, including influencers, change leaders and students, from different campuses participated and aired their views on how to plan and organise the event.

The Summit aims to highlight the opportunities and possibilities for youth empowerment at a global level. Father M K Joseph, the Dean of Rajagiri College of Social Science, inaugurated the Focus Group Discussion.

Members of the Core Team and Secretariat of Mission Better Tomorrow interacted with the participants.

MAKING THE MOST OUT OF LIFE

Three hundred and ten selected adolescents attended the Life Skill Acquisition Program in the month of October under CEEP, Capability Exploration and Enhancement Programme at Thiruvananthapuram, MBT Nanma CEEP Center Egandiyoor and Ernakulam. CEEP is designed as a two-year program for talented high school children from resource-limited backgrounds. It employs a diverse approach in disseminating its content to enable students to effectively meet the learning objectives.

Selected resource persons are groomed to serve as teachers and facilitators to help children develop various skills needed to progress in life like language, logical, and reasoning skills. Furthermore, the program includes field trips, career counselling, and community connections. The initiative benefits 460 chosen students from all over the State who are enrolled in the 10 CEEP Batches. The foundation is being laid for more CEEP batches to be launched.

Highlight on Adolescent Behaviour and Emotional Wellness

To ensure behavioural-emotional learning and well-being of adolescents, camps for adolescents were organised by Sri Aurobindo Society and Mission Better Tomorrow at four selected schools of Puducherry.

Primary life skills were acquired by 173 adolescents by attending the camp. The camp focuses on helping the adolescents develop Self-Awareness, Emotional Strength, Goal Consciousness, Social Values, and creative skills necessary for a better life.

The impact assessment of the camp indicates an improvement in students' academic performance and life skills, including decision-making, problem-solving, adjustment, communication, interpersonal skills, creative thinking and empathy.

Teachers reported having noticed constructive behavioural changes in the students after the program. Preparations are under way to engage 2800 adolescents in the upcoming camp.

Individual interventions are also made through the three-day activity-based training camp to support children facing various challenges.



Roadmap to Future



Consultative Workshop held at Kochi outlined the road map for Mission Better Tomorrow and the Nanma units to move ahead as one unit.

CEEP@Palakkad – MBT Nanma joins hands with Rubfila Palakkad

MBT Nanma Palakkad in association with Rubfila International Limited, Palakkad started a CEEP batch of 70 students.

The orientation for CEEP students, batch coordinators and parents were held on October 18 and was handled by Ashly Mohammed and Arunima R.J. Secretariat Team members, Mission Better Tomorrow.

MBT Nanma Palakkad Office bearer Mohammed Kasim; CEEP district coordinator, Saja Shaji and Lukman Hakim; Civil Police Officers, Anoop G. and Sararaj; professional trainers, teachers and parents participated in the orientation class.

The CEEP batch will be launched in the first week of November.